

IRRIGATING DENTAL EXTRACTION SITES

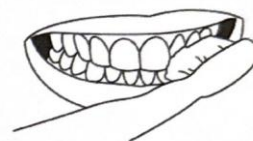
TECHNIQUE FOR IRRIGATING SURGICAL SOCKETS AFTER DENTAL EXTRACTION SURGERY

Use the oral syringe provided in your kit to irrigate (flush and clean out) the space where the wisdom teeth were. Irrigating your extraction sites helps get out bits of food to prevent infections. Salt water solution or a prescribed mouthwash prepared as described below can be used as an irrigation solution.

Please call our office with any questions.

Note:

- Begin irrigating the extraction sites 1 WEEK following surgery.
- It may take 6-8 weeks for the extraction sites to close. Be diligent with flushing the areas.
- Extraction sites for upper teeth do not usually need to be flushed.



1. **Salt water:** Fill a glass with 1 c. warm water. Add 1 tsp. table salt and stir until dissolved.

If prescribed a mouthrinse: Mix in a glass ½ c. warm water. Add ½ c. of the prescribed mouthrinse (chlorhexidine). Stir.

2. Fill the syringe with the prepared solution.

3. Put the curved tip of the syringe directly into the space where the tooth was taken out. Squirt the plunger to flush. Repeat on both lower sites.

4. Brush your teeth as usual, taking care near the extraction sites.