

Please read the following instructions thoroughly and carefully. It is imperative that these instructions be followed for a successful surgery. Please contact our office with any questions or concerns.

THE DAY BEFORE SURGERY:

- Take any prescription medications (high blood pressure, thyroid, etc.) according to normal directions and schedule.
- DO NOT consume any social drugs, including marijuana, or alcohol for 24 hours leading into surgery.
- NO SMOKING OR VAPING for 24 hours before surgery.

THE DAY OF SURGERY:

- It is recommended that a responsible adult accompany you to this appointment and stay on our premises during the entire surgical appointment.
- **Minors** (under 18 years of age) **MUST be accompanied by a parent/legal guardian to provide consent for the procedure.** Once consent has been obtained, a responsible adult may assume responsibility for the minor patient.
- **A PARENT/LEGAL GUARDIAN OR RESPONSIBLE ADULT MUST STAY ON OUR PREMISES DURING THE ENTIRE SURGICAL APPOINTMENT.**
- **For the safety of all patients and to help surgeries commence promptly as scheduled, parents and escorts are not permitted to remain in the surgical suite during procedures. We appreciate your understanding and cooperation.**
- Wear loose-fitting, comfortable clothing, including a short-sleeved shirt, and sturdy shoes.
- NO make-up, contact lenses, lotion, perfume, nor jewelry. NO flip-flops.
- Do not pull your hair into a ponytail or clip that would interfere with your head reclining on the chair's headrest.
- If you wear any type of removable dental appliance (denture, retainer, flipper, night guard, etc.), bring it to the surgery appointment. You will be advised whether you can wear the appliance following surgery.
- Bring your inhaler and/or EpiPen® if you require one.
- Notify us if you have had any change in medications you are taking, medical condition or illness, including fever.
- If you elect to have nitrous oxide sedation, the last meal before surgery should consist of a light, easy to digest menu.
- To protect the privacy of patients, **NO PHOTOGRAPHS NOR VIDEOS** may be taken while patients are in the surgical suite.